



OGUK OFFSHORE MEDICAL EXAMINATIONS – CHANGES TO BOOKING AND PROCESS

With the agreement of Ancaster surgery we are now able to offer a limited number of OGUK medical appointments again. These can be booked on line as before by following the “Book Now” tab on the left of our website.

We are also making some changes to the way we carry out our medicals to reflect the times we live in, and also to help ensure that we have all the information available to make a decision on your fitness at the time of your medical. There are occasions when we need to get further information from specialists or your GP which delays the issue of a certificate.

Prior to your medical you will be sent a link to a secure on-line form. This allows us to complete some of the administrative and medical history sections of the OGUK medical questionnaire prior to your appointment, thus reducing the time that you need to spend physically in the surgery. This information will also allow us to decide whether we need any further information from you for the medical. If we do need to make contact this will usually be done via a video link. We can offer a number of ways to do this.

We are now carrying out the medicals outside normal surgery opening hours to minimise the risk to patients, staff and those attending for medicals. For the medical examination itself you may be asked to bring a face covering with you (this will be clarified in your confirmation e-mail and will reflect the current surgery policy). We will ask you to wait in your car. We will come out to collect you at the time of your appointment and ask you to confirm that you are free of any symptoms suggestive of coronavirus and that you have not been in contact with anyone with symptoms or who is infected. As we will already have completed parts of the form your medical will be a bit shorter than usual but will retain the same format and be no less thorough. This allows us to ensure that the room and all equipment is suitably cleaned and disinfected between medicals. During any examination the clinician will wear gloves and a surgical face mask when working closer than 2m.

We would prefer you to pay at the time of booking. If you are making payment at the time of your medical we would ask you to use contactless payment with Applepay or card payment.

As the medicals are now carried out outside of normal surgery hours we may have limited access to a chaperone in some clinics. This will be made clear at the time of booking and alternative appointments offered if desired.

Current OGUK certificates are valid to 30th June regardless of expiry date. This date may be extended in the future.

Fit-to-Train assessments

OPITO has issued advice on extension to BOSIET and FOET certification. See <https://www.opito.com/covid19>. If you do need a Fitness to Train assessment this will continue to be done at the time of your medical if necessary. In line with OGUK guidance we will not be carrying out spirometry (lung function testing).

If you do require a FTT assessment but not an OGUK medical then please contact us by e-mail info@lf4w.co.uk as we will probably be able to do this by telephone or video link. If a medical examination of lung function testing is necessary due to your medical history the advice is to default to a finding of 'unfit' to train – this will not prevent you gaining a survival certificate

Chester Step Test

For the time being we are not carrying out the Chester Step test so will not be able to complete the ERT medical.